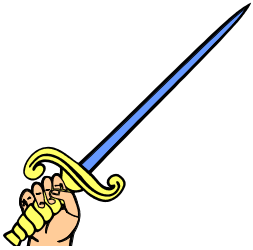


Sword of Light & Truth



“Speak the truth to one another...” Zec 8:16

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From the Publisher

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Dear Friends in Christ,

In October of 2004, the Lord put on my heart to start this ministry to keep myself and others informed of the false spiritualities that are being presented in our culture today and in Christian Churches as well. He also inspired me to write on the riches of our Catholic faith, especially the Eucharist. I welcome those who read my newsletters and disagreed. I pray that the truth will stir your hearts and that the Lord will provide the graces to those hearts who are open to change. I want to thank all of those who support my ministry. Please keep in mind that my writings are based on research and not just opinion. I especially want to thank Archbishop Wilton Gregory for his support of my ministry. Please continue to help me in this endeavor by passing this newsletter on to others. Thank you and may God bless you.

Anne Feaster

In this newsletter, we will explore:

**Oprah and Eckert Tolle
Deepok Chopra, Wayne Dyer, and Miguel Ruiz
Vatican Warning on Some Aspects of Holistic
Health
U. S. Bishops Condemn Reiki Healing**

Oprah Embraces the New Age - For some time now, Oprah has hosted representatives of New Age thinking. Sadly, she has fully embraced it, and is now the #1 guru of the New Age Movement; and she is leading millions of people into a false spirituality. In January of 2008, she began offering a year long course on *A Course in Miracles* on her XM Satellite Radio program. She also provided lessons from the *Course* on her website. The messages in this course contradict the scriptures and the basic tenets of Christianity. The *Course* teaches that there is no sin, that a slain Christ has no meaning, that the name of Jesus is just a symbol, that the recognition of God is the recognition of yourself, and many other serious errors. Many Christians who are reading this *Course* are blind to the errors; they are not using discernment. Oprah is also promoting the book, *A New Earth*, by Eckert Tolle. According to this book, our world is at a crisis point and we must “spiritually evolve” to avoid disaster. Spiritual evolution means shifting or converting to the heretical belief that we are all “God” and that we are all “Christ.”

Deepak Chopra and Miguel Ruiz

Deepak Chopra is a doctor from India who teaches that we must master the mind, body, and spirit connection, and that consciousness is the basic foundation of nature and the universe. He is a leader in Transcendental Meditation. He wrote a book called *The Third Jesus* which espouses that Jesus' mission grew out of his own god-consciousness. In other words, Jesus discovered his own divinity and we can do the same. Chopra has written 40 books.

Miguel Ruiz relies on Ancient Toltec Wisdom of the native people of Southern Mexico. The Toltec viewed that all energy is derived and governed by the universe, just as the New Agers do. They believe that what we all consider reality is created out of our beliefs and thoughts, and that we need to dismantle our belief systems. He taught The Four Agreements. His teachings also focus on dreams and visions. Referred to as an indigenous shaman (magician or medicine man)

Wayne Dyer – Very popular psychotherapist and lecturer often seen on TV. He teaches the “Power of Intention” or tapping into the universal source of energy. He tries to help us awaken to the “divine within.” He has written many books, one entitled *Your Sacred Self* and another called, *Change Your Thoughts, Change Your Life Living the Wisdom of Tao*. These titles themselves are revealing. The “Sacred Self” is the same as the “True Self”, realizing that you are god! (Taoism is an Oriental philosophy that adheres to the belief that there is a force that flows through every living object as well as the entire universe, and the goal is to find “enlightenment”) Again, these are New Age ideas and they are very dangerous. We must pray for these misguided people.

Vatican Exposes Some Aspects of Holistic Health

– There are some good aspects of Holistic Health such as vitamin therapy. However, there are many holistic health doctors that use practices or procedures that are based on the flow of universal energy known as chi, qi, or prana. They believe, as New Agers do, that this energy goes through every person and every thing. In holistic health, they believe that this flow of energy goes through energy paths in the body called meridians. They think that if these energy paths get blocked, then illness is the result; and they use certain practices to unblock these paths in order to restore healing. It is important to note that medical science does NOT RECOGNIZE these meridians. In the Vatican document, *Jesus Christ the Bearer of the Water of Life: A Christian Reflection on the New Age* they list most New Age practices. In the section on holistic health, they identify the following practices as New Age: Acupuncture, Biofeedback, Chiropractic (some Chiropractors use New Age methods, others do not) Applied Kinesiology, Homeopathy, Iridology, Some types of Massage, Rebirth, Orgonomy, Feldenkrais, Reflexology, Rolfing, Polarity Massage Therapeutic touch, Various kinds of herbal medicine (some doctors use “spiritually potentized” herbs that are prepared through psychic methods and consumed orally)

Why are these practices considered New Age? All of these practices have New Age philosophy behind them, the belief in the universal energy force and the energy paths in the body.

In **Homeopathy**, the doctor gives the patient a diluted medicine to attain a cure. So how Does this medicine connect with the New Age? There is an excellent article by Pastor David Brown which explains the problems very clearly. His article “New Age Medicine: Homeopathy” is well researched.

Brown reveals in his article the origins of Homeopathy. It was developed by a German mystic physician named Samuel Hahnemann who lived between 1755-1843. He was a member of a Lodge of Free Masons and their occult ideas influenced his thinking. Hahnemann was an ardent follower of Swedish mystic philosopher Emanuel Swedenborg, who was a powerful spiritist and medium. He also studied the teachings of a Swiss occultic medical philosopher named Paracelsus who combined occult teachings of the Cabala with science. In addition, he was drawn to the teachings of Franz Mesmer, a Swiss-German physician that founded the doctrine of animal magnetism, now understood as modern psychic healing.

Hahnemann was also influenced by Eastern religions. He believed in pantheism, the belief that all is god, and this universal energy force or impersonal god or "vital force" or **cosmic power** is in every plant, flower, cell, and even in homeopathic medicine.

So how is one healed by homeopathy? Brown's article goes on to explain. **"The healing power", say the homeopaths, is coming from cosmic power transferred to the remedy through the ritual of potentiation". The "ritual of potentiation is a reference to the diluting and shaking of the homeopathic medicines."** In other words the cosmic power increases the power of the medicine and that power is transferred to the patient. The article goes on to say that some leading homeopaths have confessed that this energy is the same as occult energy! What is frightening is that one homeopathic doctor, Dr. Vitoulkas openly reveals that the real purpose of Homeopathy is to help open the higher centers of the brain for spiritual and celestial influx." Is this demonic invasion?

Physician H. J. Bopp makes another revealing statement. He says the occult influence in Homeopathy is transmitted to the individual, bringing him consciously or

Unconsciously under demonic influence. It is significant frequently to find nervous depression in families using homeopathy treatments."

Other problems in Holistic Health – Some holistic health doctors may use imagery (a self-healing technique) for minor ailments. A physician in San Francisco suggested an "inner guide" for your unconscious to address the emotional aspect of your illness. This guide could be a friend, and animal, or a tree. Some use "therapeutic touch" where the doctor or healer, in a trancelike state, moves his hands over or just above the patient's body, hover where the healer senses "accumulated energy" This is a form of psychic healing. Then the healer tries to transmit a feeling of well-being to the patient, channeling "prana", the universal energy, and redistributing the patient's energies. This of course, is New Age healing or occult healing which is dangerous and inappropriate.

U.S. Bishops Condemn Reiki Healing

Reiki Healing is being promoted today in hospitals and even retreat centers by nuns. It involves the placement of hands on or near the patient by a Reiki Master or Reiki practitioner. The sessions last about an hour and the person is lying down fully clothed on a treatment table. The Reiki healer places his hands in various positions on or close to the patient's body. He then channels the Reiki energy, through their body, out of their hands. Some of the areas of the body that are treated supposedly relate to the **chakras** which are held to be psychic or energy centers in the body, a belief that stems from Hinduism. Reiki literally means **Spirit Energy** and is understood as **spiritually guided life force energy**. It claims to lead people into **higher consciousness**, and to heal the root cause of all sickness. (These terms which are in bold print are typical New Age beliefs)

What is even more of a concern is the fact that the Reiki healer has received this power through initiations

To order articles and fact sheets on the New Age, call Sword of Light & Truth Ministries at 770-921-1634.

All articles, tapes, and publications from *Sword of Light & Truth Ministries, Inc.* are free. Donations are appreciated.

For further information on the New Age Movement, go to Clare Merkle's website, crossveil.org. Videos on Merkle also available at EWTN 1-800-854-6316 or Living His Life Abundantly-1-800-558-5452. Moira Noonan's website is www.spiritbattleforsouls.org.

Recommended Books

The New Age Counterfeit, by Johnette Benkovic. To order, call Living His Life Abundantly 1-800-558-5452. Also available is a tape series on New Age.

Catholics and the New Age by Fr. Mitch Pacwa
To order, call EWTN
1-800-854-6316

Ransomed from Darkness: The New Age, Christian Faith, and the Battle for Souls by Moira Noonan. Available at Borders, and Barnes & Noble. Or order from Amazon.com

Also, in the *Goblet of Fire*, a living person's hand was cut off in a ritual, and it describes a child sacrifice. *Chamber of Secrets* describes an animal sacrifice. Is this really suitable reading for elementary school children?

Report from a Counselor –A counselor in Lawrenceville, Ga. reported that **many, many** children have been brought in to her with various problems resulting from the reading of the Potter books. She cites case histories (no names) of children and teens suffering anxiety, fear, nightmares, insomnia, and panic attacks. One 9 year old reported something evil in her closet and objects moving. Another 13 year old was practicing Wicca (witchcraft). She was frustrated, confused, angry, and was talking to things that were not there.

What can a Parent Do? – It would be wise for the parents of teens and children to discuss the Potter series with their child. Find out what their attitudes are and be sure that the child or teen understands the dangers of the occult practices in real life and its terrible consequences. (Spells do go through and harm people, except for those who have a deep prayer life, according to Fr. Amorth, the Vatican exorcist.) Jordan Fuchs, the ex-teen witch became angry, bitter, depressed. She was later delivered from witchcraft by the mercy of God, but she had to rebuild her life. If a parent has a child or teen practicing witchcraft, they must seek help from a priest or a Charismatic deliverance team. Some of the signs are: the teen pulls back from her old friends; there is a dramatic change in behavior; the teen has "A Book of Shadows; an unusual amount of candle wax in their room;. (*Protecting Your teen From Today's Witchcraft*, Steve Russo.) The easiest solution would be to give the children books on the Narnia Series. These are popular with children and they are not harmful.

In summary, warnings about the Potter books have come from Pope Benedict XVI as Cardinal, Fr. Amorth, (the Vatican exorcist), ex-witches, teachers, parents, teens, counselors and research from the Barna group. In other conferences and publications, warnings have come from Focus on the Family, Clare Merkle and Moira Noon who are ex- New Agers. The Pagan Federation of England reports **over 100 children per month** calling them to inquire how they can become witches. We now see that many children have truly been harmed. **THE DEBATE ON POTTER IS OVER. WE MUST NOW PRAY FOR THOSE TEENS AND CHILDREN PRACTICING WITCHCRAFT AND FOR THEIR VICTIMS.** We must share this information with other parents, and ask the Lord for the courage to speak the truth about the effects of Harry Potter on our children and teens.

Moira Noonan also speaks out against the Potter books at conferences. We highly recommend her book, *Ransomed from Darkness*. Raised as a Catholic, author Moira Noonan began apprenticeship in New Age practices and ideas as a college student. Over a 25 year time frame, she worked in Religious Science ministry, as a psychic counselor and therapist. She became certified or developed expertise in Hypnotherapy, Past Life Regression, Astrology, The Course in Miracles, Reiki, channeling, crystals, goddess spirituality, clairvoyance, and other occult practices. Then in 1993, after a series of powerful conversion experiences, she returned to the Church, and is now a popular speaker, witnessing, evangelizing, and explaining the deeper influences of the New Age movement. She has told her story via religious cable and radio stations worldwide. She has featured chapter about her conversion in *Prodigal Daughters*, Ignatius Press. **She will be in the Atlanta area on October 20!**